

20 Catholic Ministries Appeal 22 DIOCESE OF ROCKVILLE CENTRE

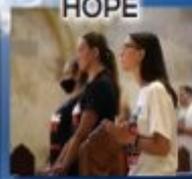
*"God's love calls us to move beyond fear. We ask God for the courage to put on faith, hope and love as we go out into the world and become the Word in body as well as spirit."
- Pope Francis*

One Family in Mission - Building a Community of

FAITH

HOPE

& LOVE



The Holy Eucharist Source and Summit of Our Existence

If you are like me, you fret over the tumultuousness of our modern world. From political drama and sobering economic news to 'wars and rumors of wars,' we can quickly get caught up in experiencing some anxiety and or depression.



This brings to mind the words of Jesus, "Heaven and earth will pass away, but My words will never pass away. But watch yourselves, or your hearts will be weighed down by dissipation, drunkenness, and the worries of life." Luke 21:33 So, what is a believer to do?

Firstly, in addition to our Sunday obligation, we should attend Mass whenever possible so as to partake in the Eucharistic banquet where heaven and earth are joined as we consume the body and blood of our Lord and Savior, Jesus Christ. Every act of consecration, at every Mass around the world, joins us to the one sacrifice of Jesus in which the elements of bread and wine are transformed into the body and blood of Christ.

The Church uses a fancy term, transubstantiation, to let us know what happens during consecration. Frequent reception of Communion can bestow heavenly graces upon us and help us on our journey to Christ.

In fact, when we receive the body and blood of Christ, we become more like Him as we seek to live a life where He is the source and summit of our existence. Secondly, let's not forget that a three-year Eucharistic Revival program began last month, July 2022. Dioceses across the country are encouraged to hold Eucharistic events and make the Eucharist a primary focus. According to what we are called to believe, the Eucharist is the source and summit of the Christian life (Catechism of the Catholic Church 1324). This means that Christian spirituality flows from the Eucharist (the source)

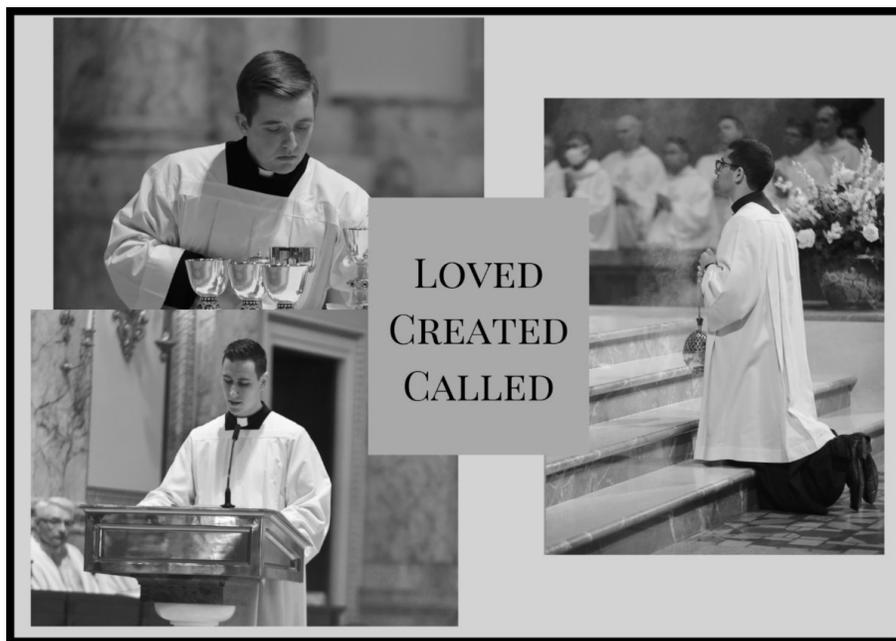
and so Christian actions should be directed towards it (the summit).

We might also look to do some spiritual reading on this topic which could help us in our private devotions. I recommend, *Reflections on Mass and Sacrament* by Raymond Mooney SJ. The back cover of the book says the following; *“The traditional devotion of our people to the Mass and the Blessed Sacrament is under considerable challenge today from various forces. One of these is a simple lack of understanding of the nature of the Christian Eucharist. That is the problem which this books sets out to tackle.”* The book is divided into three parts: Celebrating the Eucharist, Understanding the Eucharist and Living the Eucharist.

Vivat Jesus, Steve Scarallo

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"I feel very blessed to be able to answer my call in the Diocese of Rockville Center. The CMA has supported me by providing the necessary resources to access formation programs where I can receive the knowledge and skills to

"As a seminarian, I am tasked with learning all that I can about our great Catholic faith, to be better equipped to help bring people closer to God as a priest. The Catholic Ministries Appeal has provided me with all the

"The generous support of the Catholic Ministries Appeal aids in my discernment towards priesthood to serve the good people of God on Long Island. Through the depth of prayer and study, I am able to cultivate the

*experience and encounter
Christ and serve and
support the needs of our
Diocese. I thank all those
who join this noble
campaign."*

Herley Mendez Theology I

*resources I need to study
well so that I will be ready to
preach the Gospel in the
Diocese of Rockville
Centre."*

Joseph Krug Basselin II

*heart and mission of the
Good Shepherd."*

Jonathan Pham Theology II



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